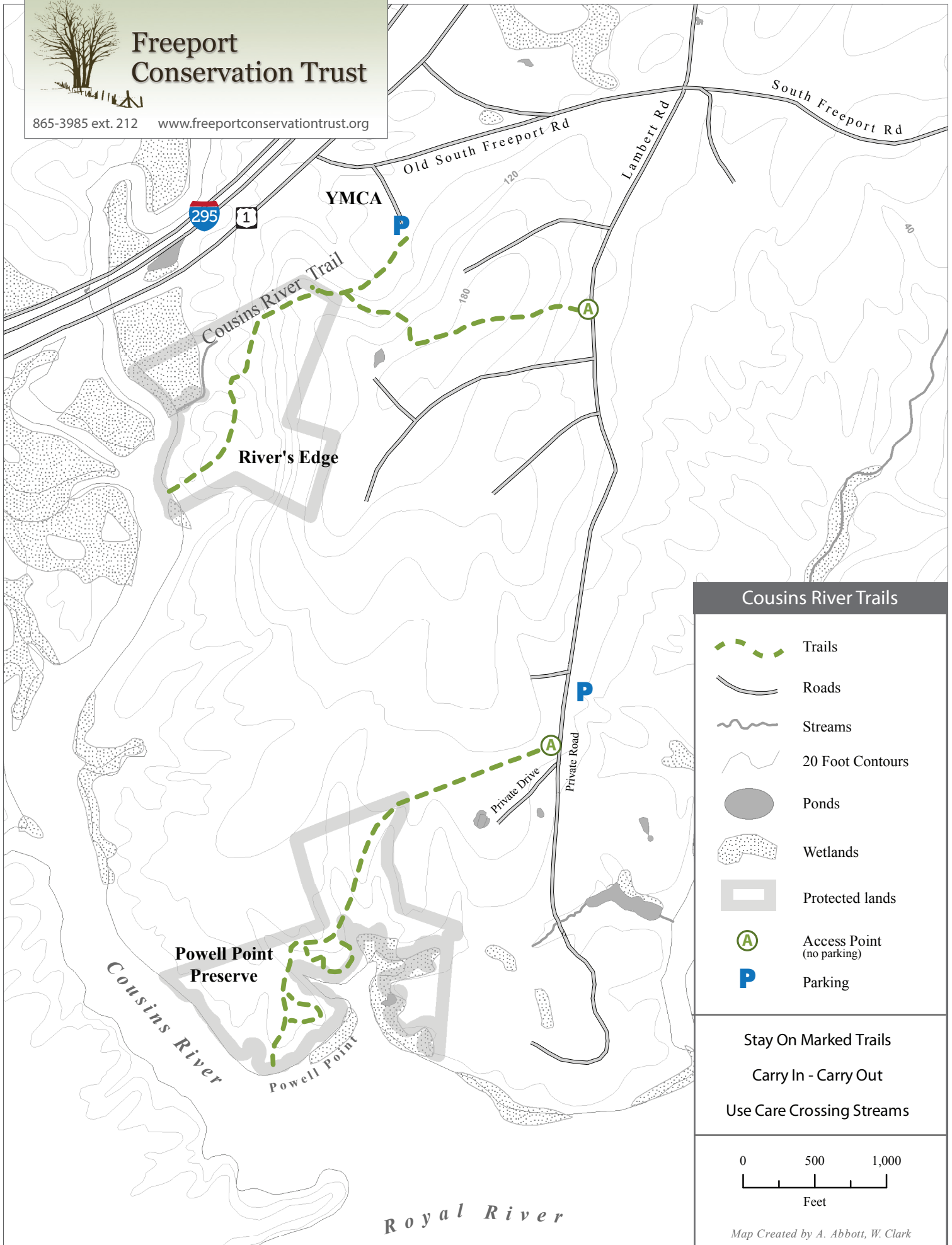













# Freeport Conservation Trust

865-3985 ext. 212 [www.freeportconservationtrust.org](http://www.freeportconservationtrust.org)



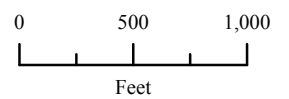
## Cousins River Trails

-  Trails
-  Roads
-  Streams
-  20 Foot Contours
-  Ponds
-  Wetlands
-  Protected lands
-  Access Point (no parking)
-  Parking

Stay On Marked Trails

Carry In - Carry Out

Use Care Crossing Streams



Map Created by A. Abbott, W. Clark

## Cousins River Trail

A cooperative project of FCT and the Casco Bay YMCA, the 0.6-mile trail passes over hills and boardwalks to the marshy shore of the Cousins River. Side trails lead to/from Lambert Road and the Freeport Inn and Cafe.

**Directions:** The trailhead, marked by a kiosk, is located on a knoll at the back of the Casco Bay YMCA parking lot on Old South Freeport Road, off Route 1. Park in the YMCA lot.



## Powell Point Trail

This 0.8-mile wooded trail with a couple of short, steep hills ends with a spectacular view of Casco Bay. There are two side loops

**Directions:** The trailhead is on Lambert Road, approximately 1 mile from the intersection with South Freeport Road. Park in the paved turnout on the left side of Lambert Road. From the parking area, continue down Lambert Road, walking about 2 minutes to a plank over the ditch and a trailhead sign on the right.

