

### **Stonewood Trail**

The Stonewood Trail links Sayles Field and Bliss Woods. A 0.3 mile trail connects the trailhead to the main trail.

**Directions:** Find trailhead and parking at the end of Stonewood Drive, which is off of Route 1 and across from Old County Road.

## **Sayles Field**

This 70-acre FCT property has 2 miles of trail looping through field and forest. Dogs must be kept on a leash within 500' of the road. Visitors can walk through to Bliss Woods via Stonewood Trail, which is



accessed from the northwest corner of Sayles Woods.

**Directions**: Entrances to Sayles Field are from Pine Street and Church Road.



# **Bliss Woods Trail**

New England Forestry Foundation owns and manages 85 acres of working forest at Bliss Woods. FCT holds an easement on the property. Trails include a 1-mile loop and a 0.5-mile side loop. The Stonewood Trail to Sayles Field leaves from the northeast corner.

#### Directions:



The trailhead and parking are located on the north side of the South Freeport Road, about 0.5 mile from the "Big Indian" on Route 1. Look for



the Bliss Woods sign. There is also a trailhead, but no parking, at the end of Shady Ledge Road.

# **Ridge Trail**

About a mile round trip, this trail offers glimpses of Casco Bay and high views down to Pine Street. This walk can be done as a loop on parallel paths, exiting via the water tower access road. Follow the white blazes and you will stay on FCT-protected property.

**Directions:** The entrance to the Ridge Trail is just north of the four corners in South Freeport on the right side of Pine Street. Park on South Freeport Road.





